

Vocabulary Pyramid Athletics



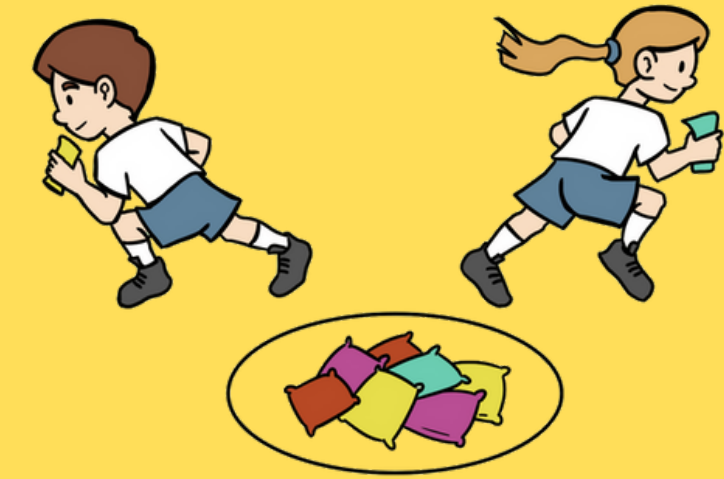
Get Set 4
Education

EYFS

Ball Skills

Games

Fundamentals

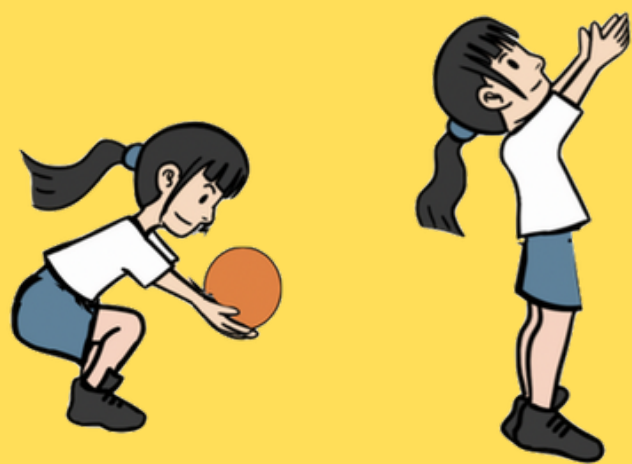


Year 1

push
stop
jump
space
forwards
balance
far
fast
improve

safely
backwards
hop
slow
direction

aim
bend
travel



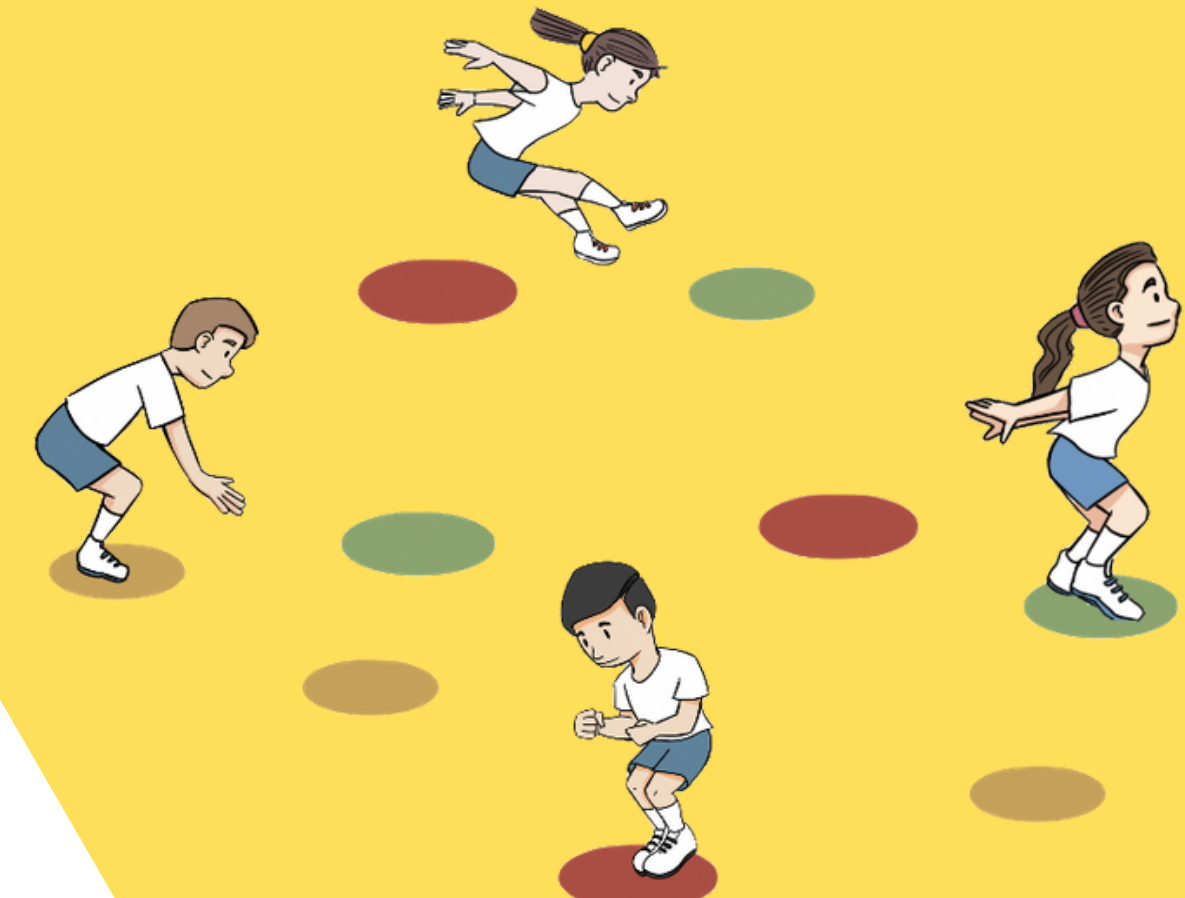
Year 2

sprint
take off
speed
higher

jog
landing
power
pace

distance
overarm
strength
control

height
underarm
accurately
faster
further



Year 3

power
determination

stamina
accuracy

officiate
personal best

perseverance
personal best

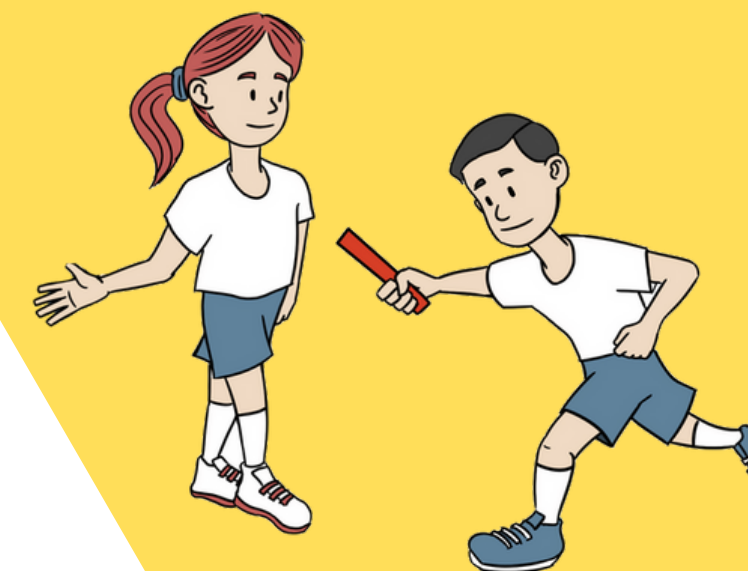


Year 4

technique
downsweep

upsweep
flight

rhythm
stride



Year 5

Year 6

rotation
force

trajectory
compete

continuous
momentum

pace
transfer of weight

Vocabulary Pyramid

Ball Skills



Get Set 4 Education



Year 2



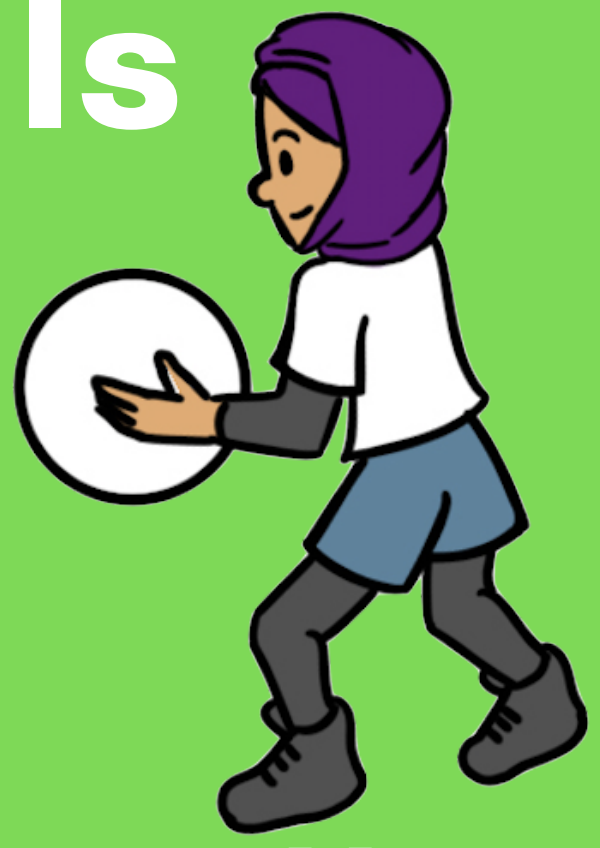
Year 3

Year 4



EYFS

Year 1



run

stop

throw

roll

team

kick

space

catch

far

aim

safely

direction

balance

send

overarm

collect

target

underarm

dribble

distance

track

receive

chest

shoulder

overhead

accurate

release

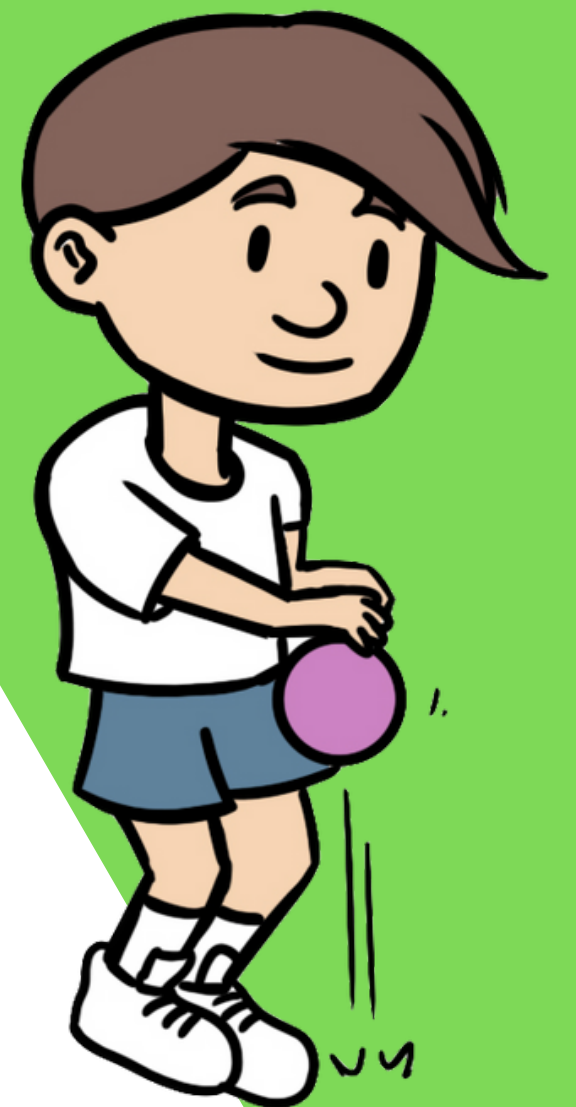
select

control

consistently

technique

persevere

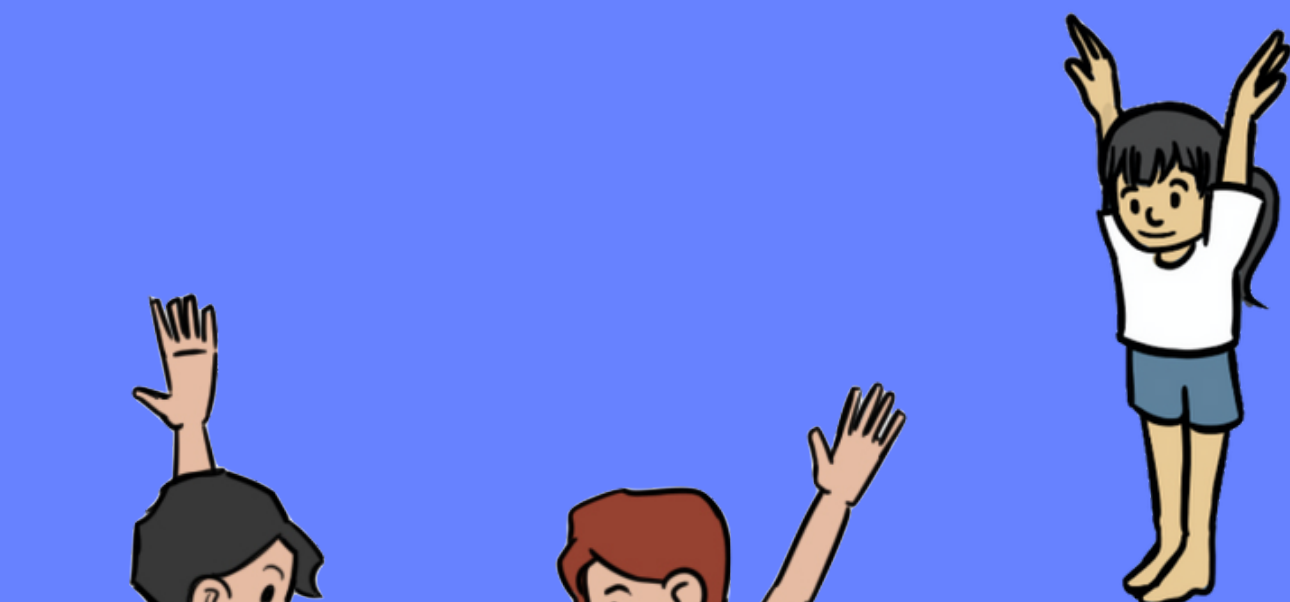


Vocabulary Pyramid

Dance



Get Set 4
Education



EYFS



Year 1

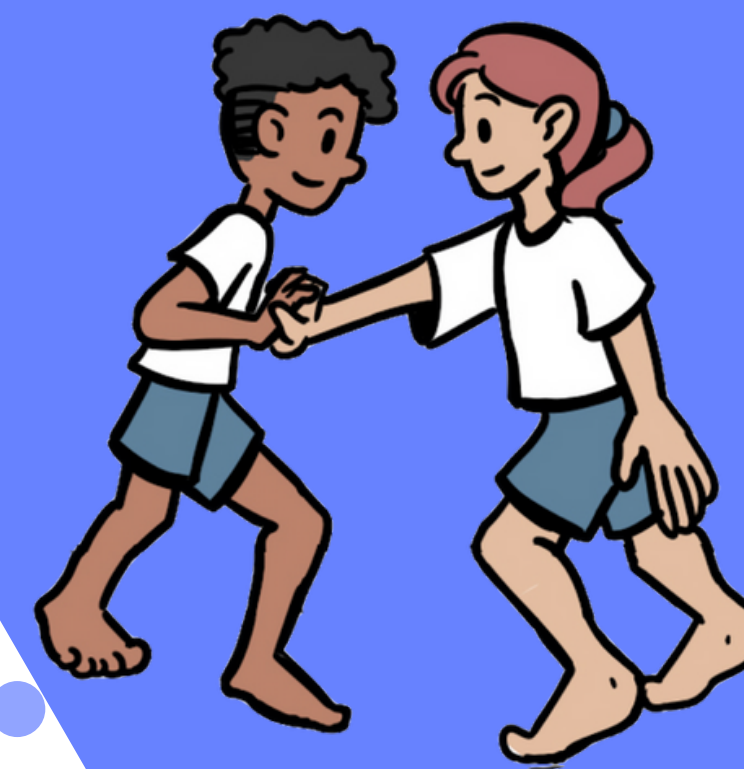
Year 2



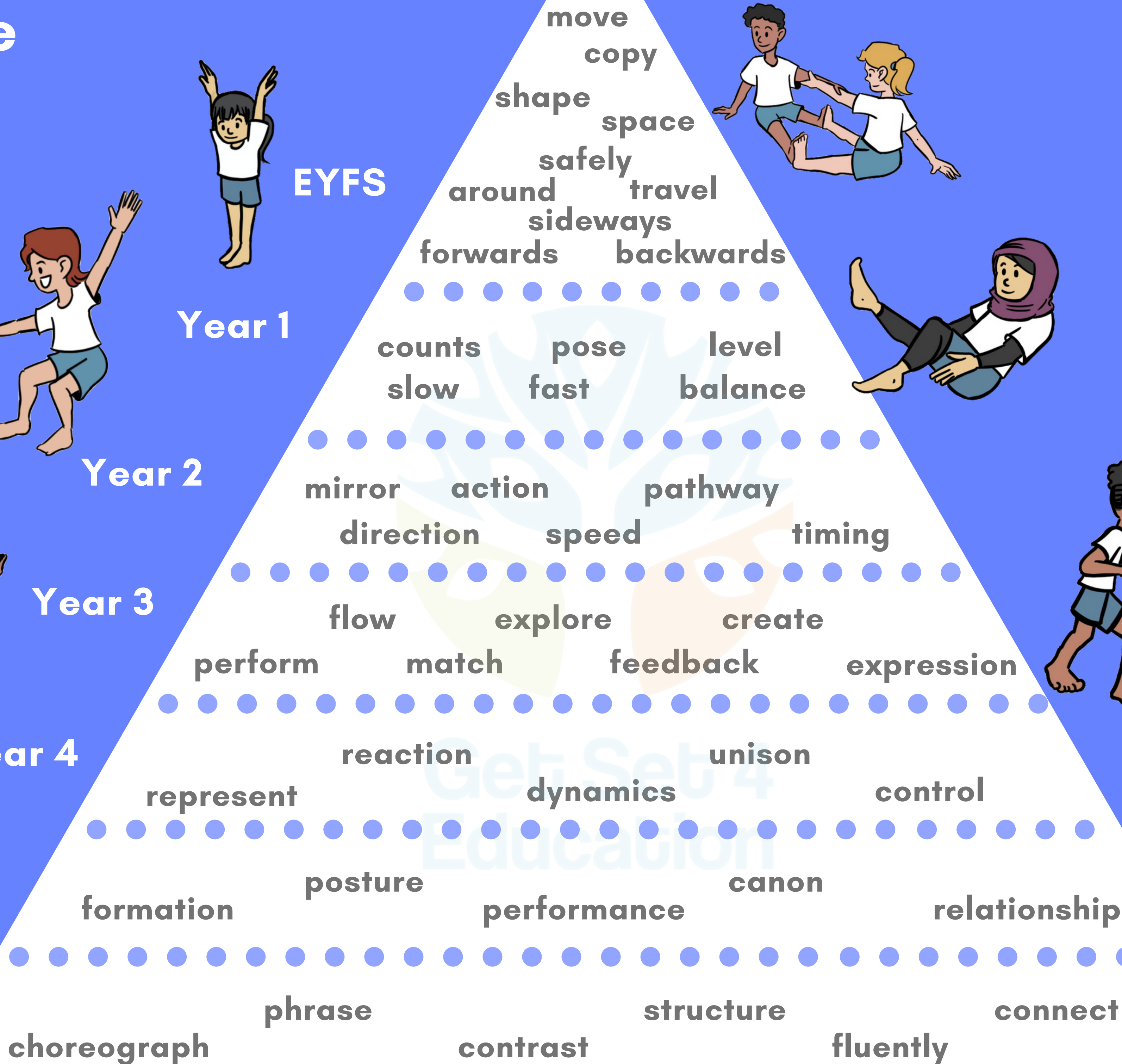
Year 3

Year 4

Year 5



Year 6

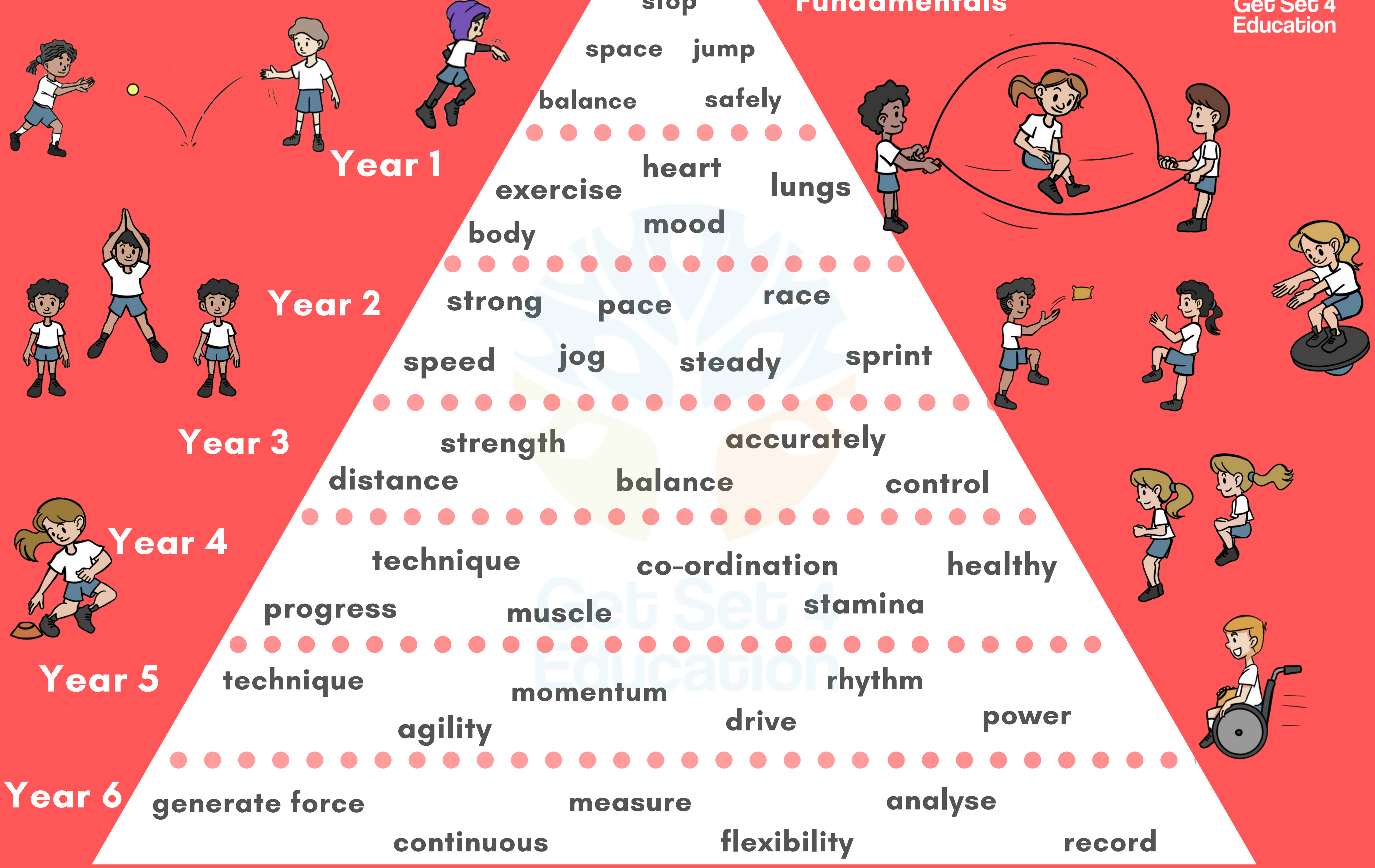


Vocabulary Pyramid

Fitness



Get Set 4 Education



Vocabulary Pyramid

Fundamentals



Get Set 4 Education

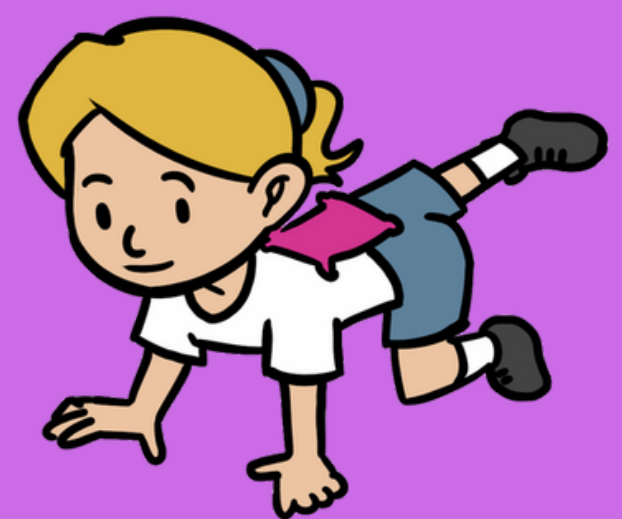
EYFS

run

stop

space jump

balance skip



Year 1

fast hop slow

direction land safely



Year 2

dodge jog hurdle

speed steady sprint



Year 3

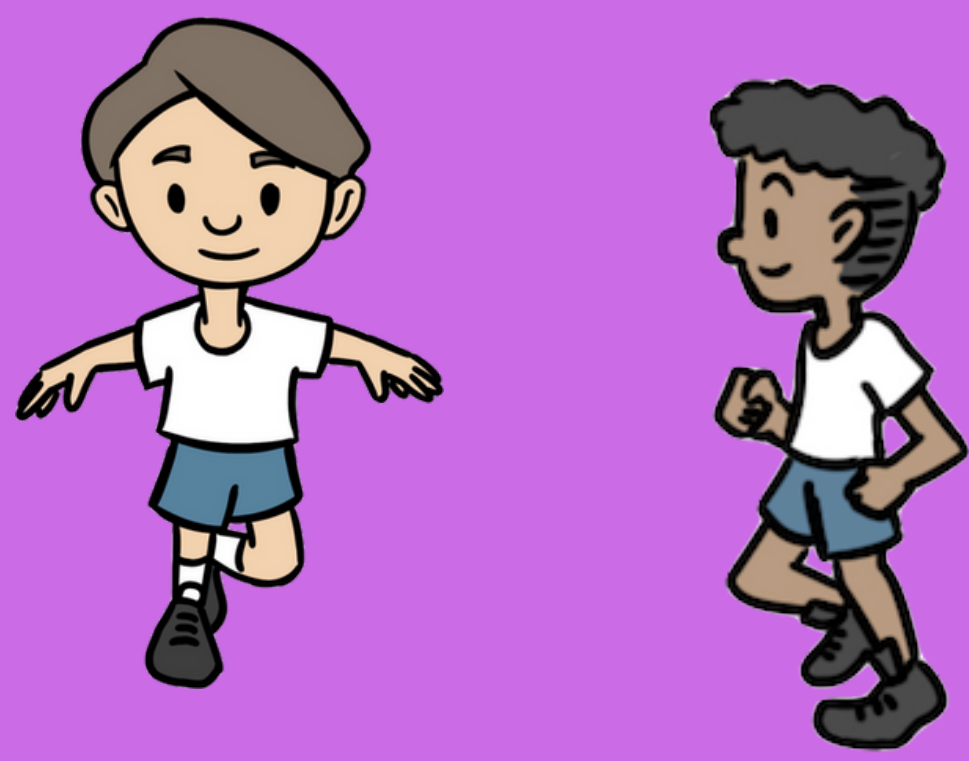
distance technique control

tension coordination rhythm

Year 4

momentum decelerate transfer

accelerate pace stability

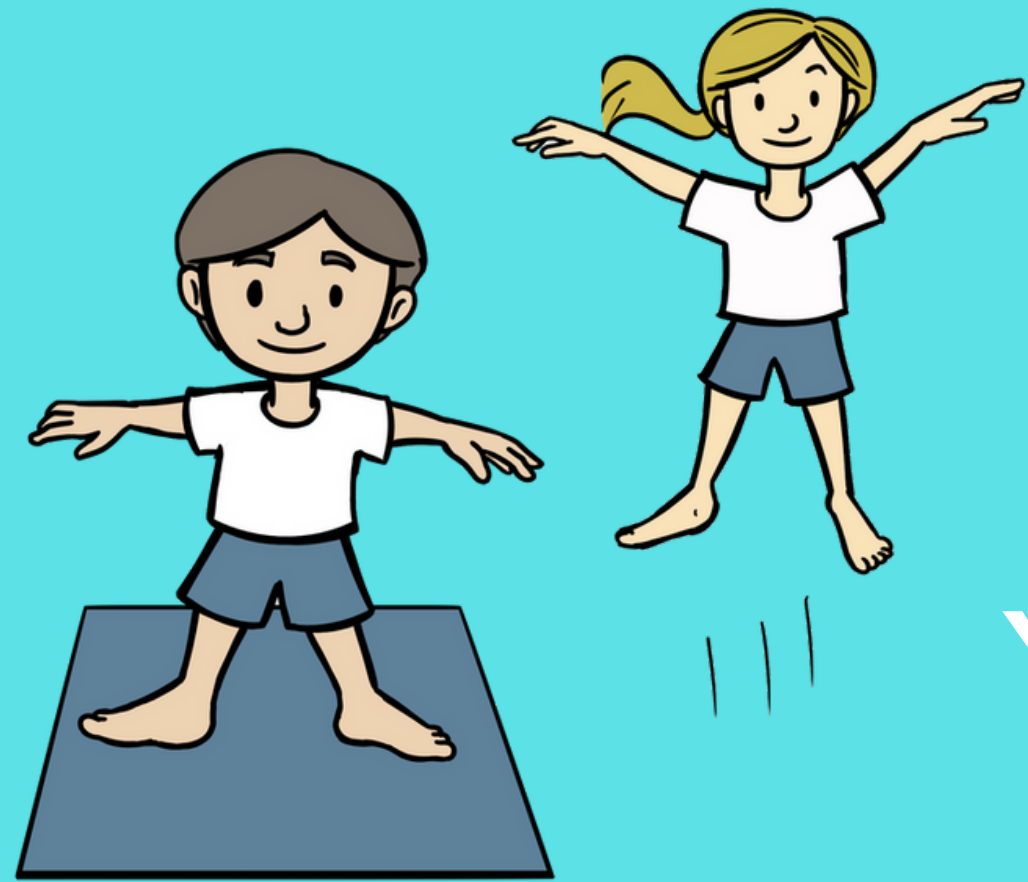


Vocabulary Pyramid

Gymnastics



Get Set 4
Education



Year 1



Year 2



Year 4

Year 5

Year 6

EYFS

move

copy

shape

rock

around

sideways

forwards

action

jump

roll

level

direction

speed

point

balance

link

pathway

sequence

tuck

straddle

speed

star

pike

flow

explore

create

matching

interesting

control

contrasting

quality

perform

inverted

technique

apparatus

extension

symmetrical

rotation

aesthetics

canon

asymmetrical

synchronisation

progression

momentum

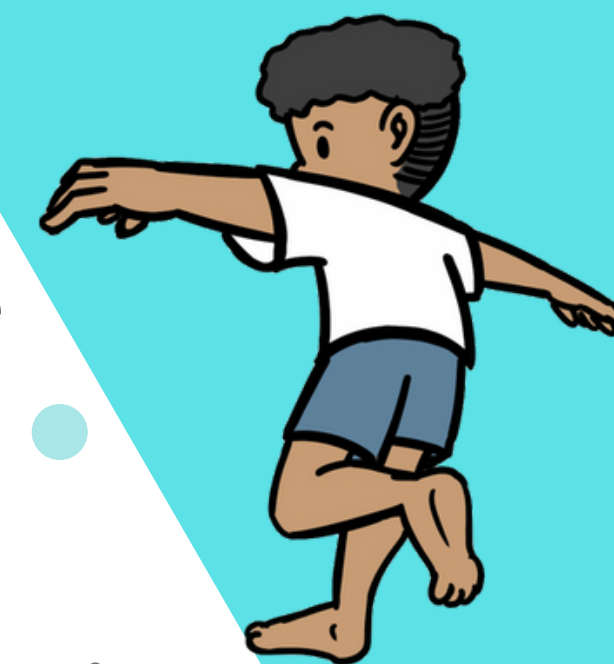
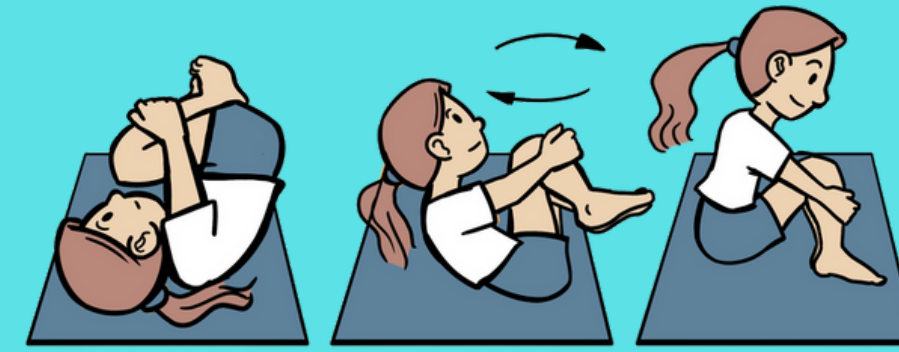
fluently

stability

formation

counter balance

counter tension

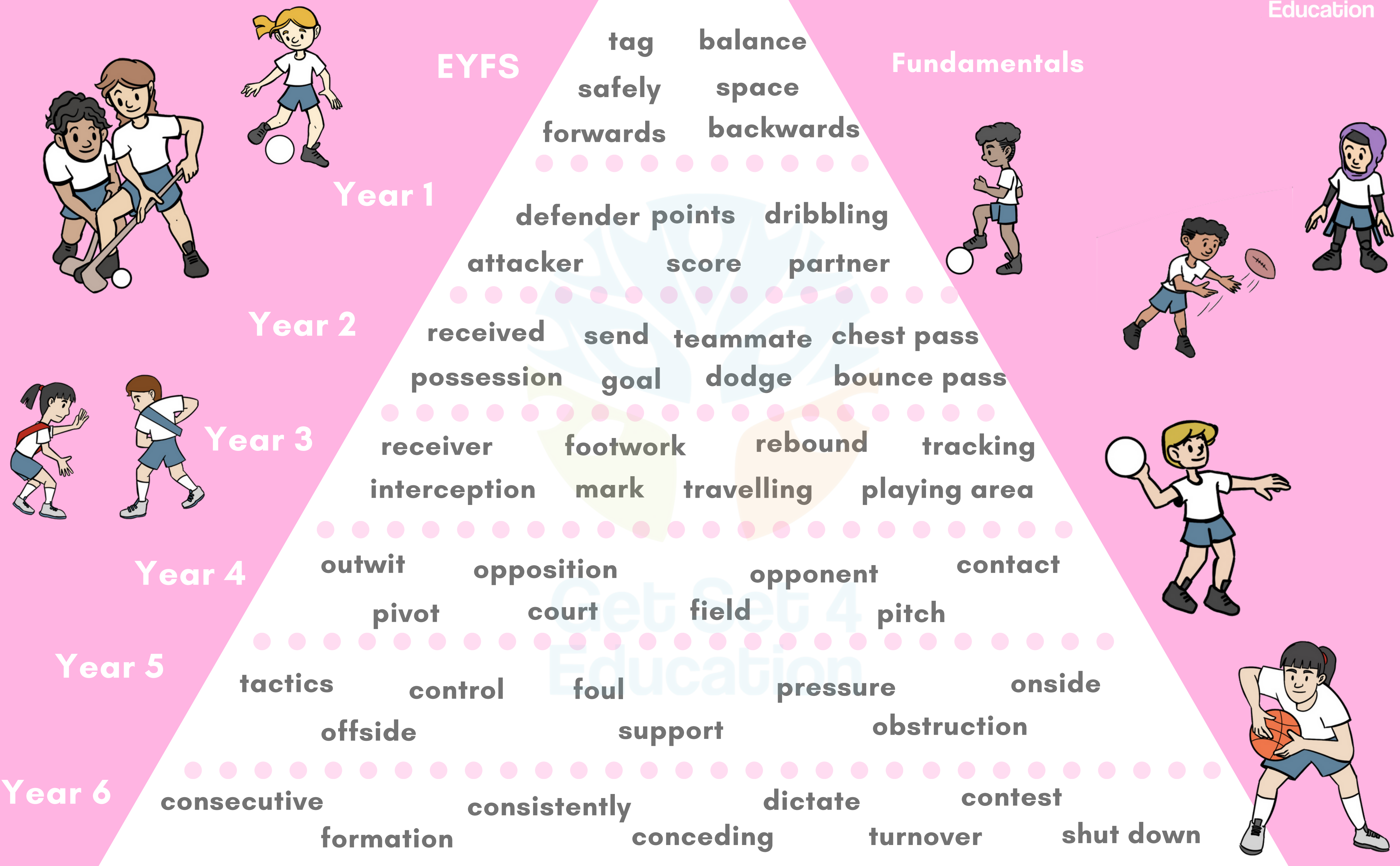


Vocabulary Pyramid

Invasion Games



Get Set 4
Education



Vocabulary Pyramid

Net and Wall Games



Get Set 4 Education

Games

Ball Skills

Fundamentals

EYFS

Year 1

Year 2

Year 3

Year 4

Year 5

Year 6

team

space

catch throw

safely bounce

forward backward

ready position partner

net underarm score points

receive quickly trap

defend return collect against

serve accurately track

racket control rally opponent

receiver backhand forehand

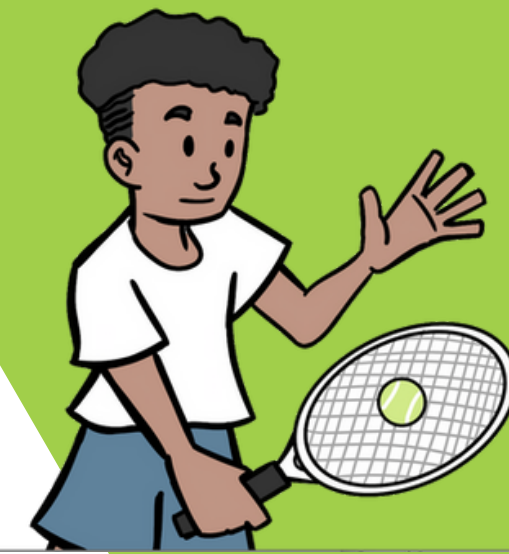
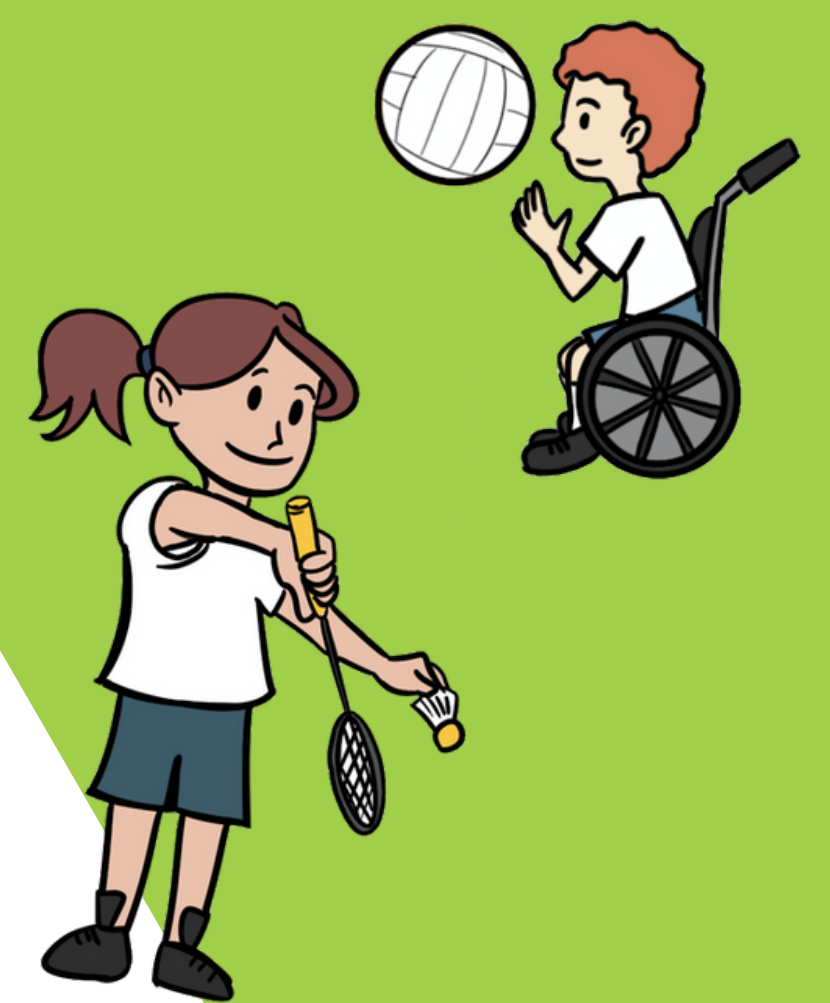
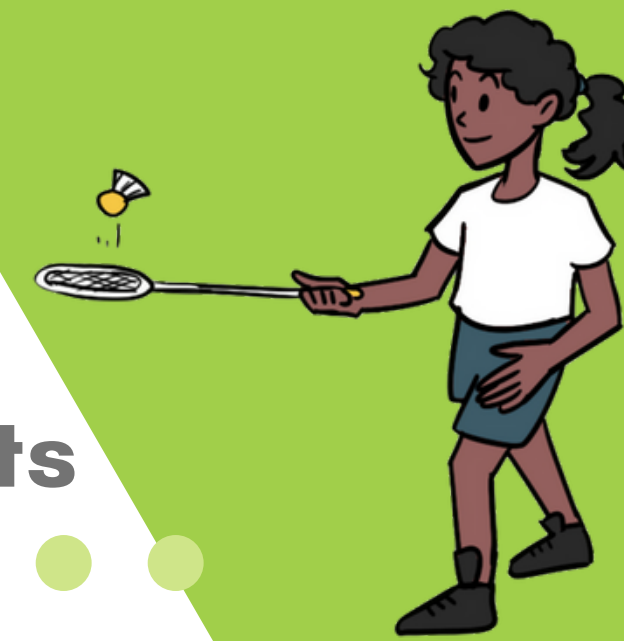
outwit court

volley footwork set

tactics co-operatively continuously dig

deep forecourt defensive

consecutive consistently backcourt attacking



Vocabulary Pyramid

OAA



Get Set 4 Education



Year 1

EYFS

share

Introduction to PE

team path

Games



listen space

travel follow safely

lead co-operate

teamwork solve instructions

support successful



map direction communicate

rules route trust

navigate grid discuss plan



leader effectively symbol

inclusive orientate



collaborate collective navigation

tactical control card orienteering



location symbol strategy

boundaries critical thinking co-operatively

Year 2

Year 3

Year 4

Year 5

Year 6

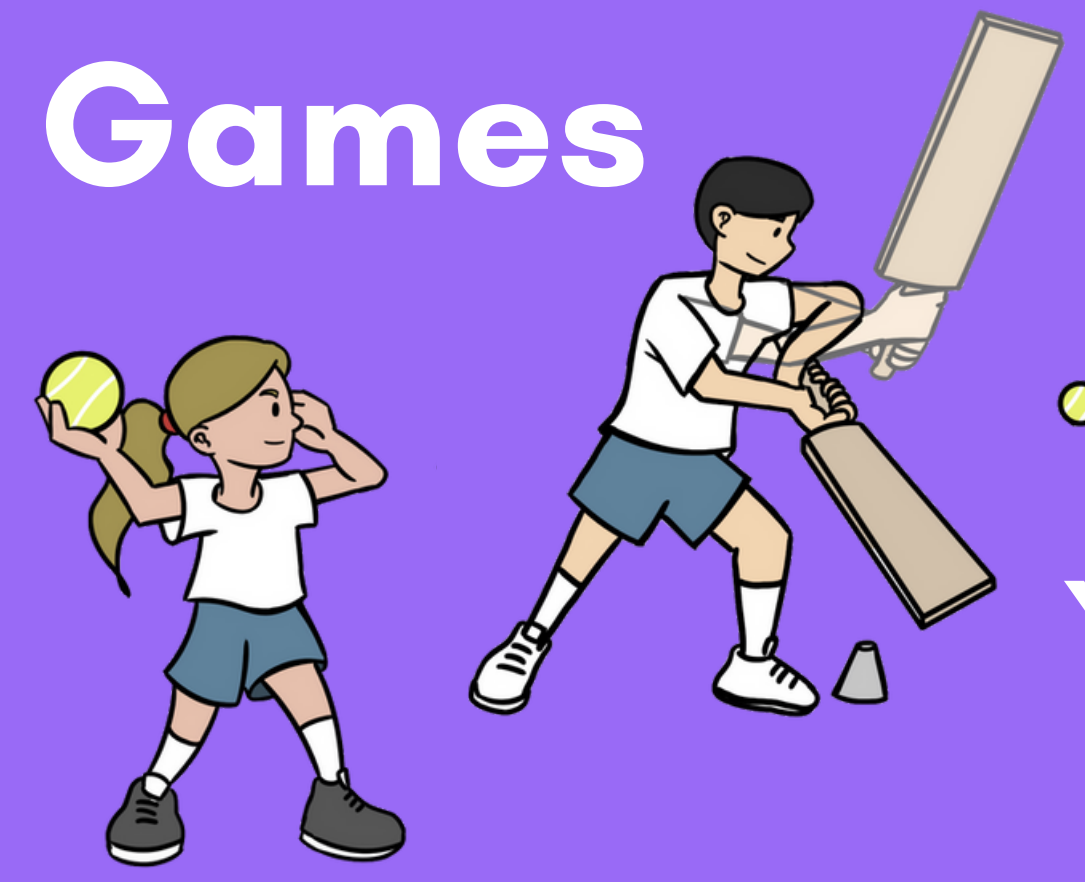
KEEP GOING

Get Set 4 Education

Vocabulary Pyramid

Striking and Fielding

Games



Year 1

EYFS

Year 2

Year 3



Year 4

Year 5

Year 6

run

Games

pass

Ball Skills

roll

team

Fundamentals

space

safely

around

forwards

backwards



hit

points

target

throw

score

catch

fielder

send

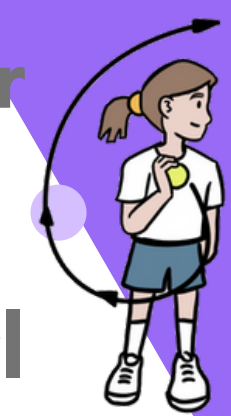
teammate

runs

batter

received

bowler



strike

grip

rounder

backstop

bowl

post

wicket

batting

wicket keeper

fielding

stance

retrieve

opposition

stumped

two-handed pick up

technique

short barrier

pressure

backing up

support

overtake

tracking

outwit

tactics

obstruction

continuous

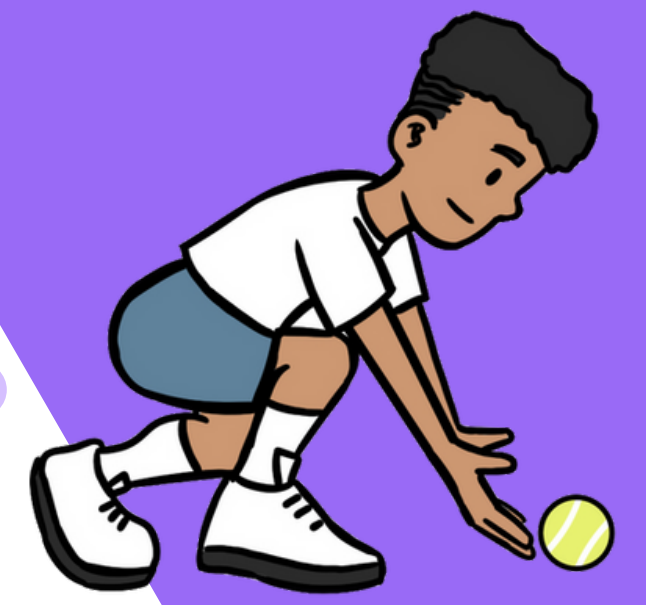
drive hit

consecutive

consistently

co-operatively

defensive hit

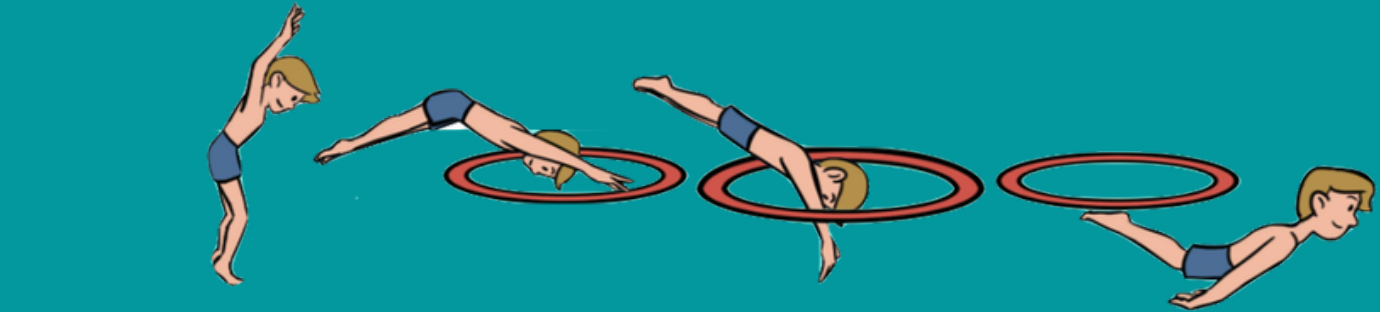


Vocabulary Pyramid

Swimming



Get Set 4
Education



Year 1

exit

enter front



travel rules



safely kicking back

Year 2

pulling splash unaided

gliding floating breathing



Year 3

sculling crawl breaststroke

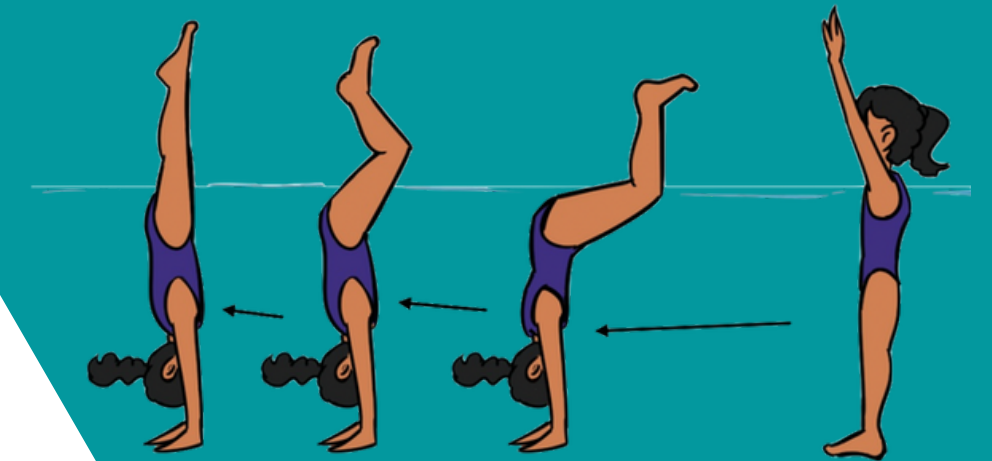
submersion rotation backstroke



Year 4

stroke huddle alternate

survival treading water buoyancy



Year 5

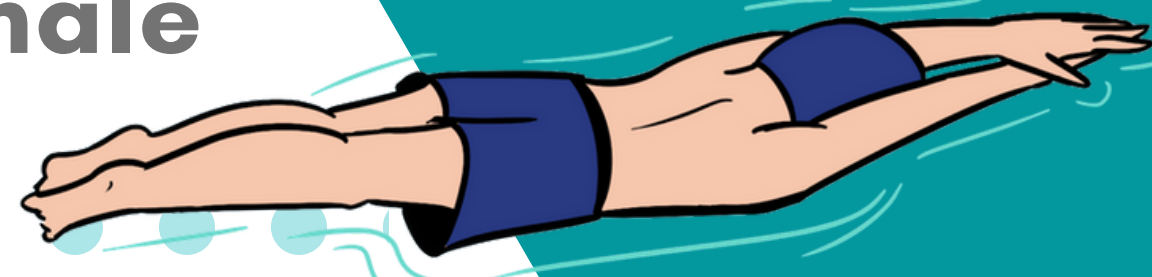
exhale flutter kick surface

somersault personal best inhale



Year 6

endurance propel continuous



streamline

synchronised

retrieve

Vocabulary Pyramid

Target Games



Get Set 4
Education



Games

Ball Skills

EYFS

Year 1

Year 2

Year 3

Year 4

Year 5

Year 6

aim

space

team

pass

balance

points

throw

far

distance

score

partner

accurate

send

teammate

against

overarm

release

target

underarm

rules

dodge

drive

receiver

putt

court/course

block

chipping

opponent

swing

communicate

protect

align

tactics

officiate

fair play

par

hole

pressure

power

support

cooperatively

tournament

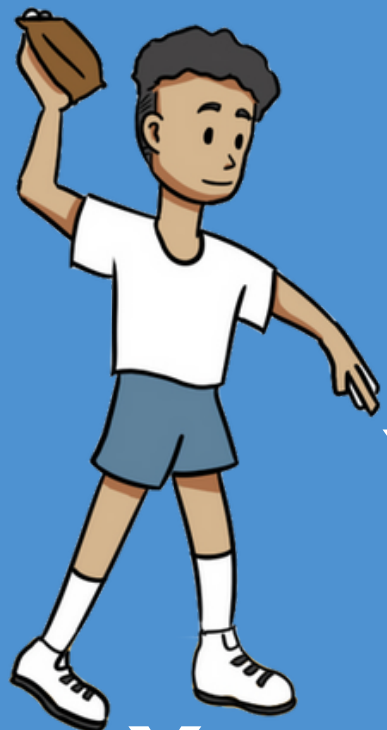
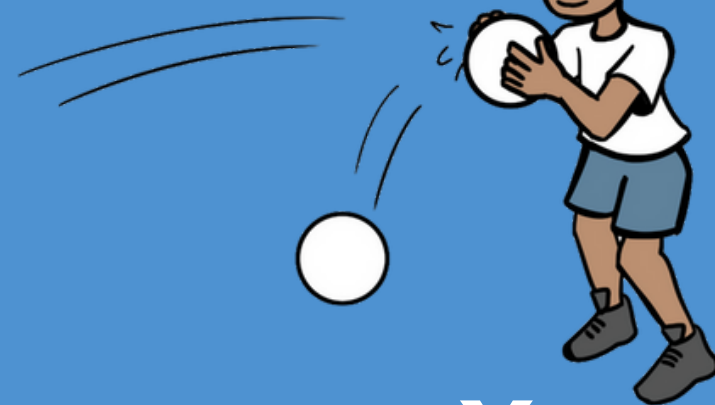
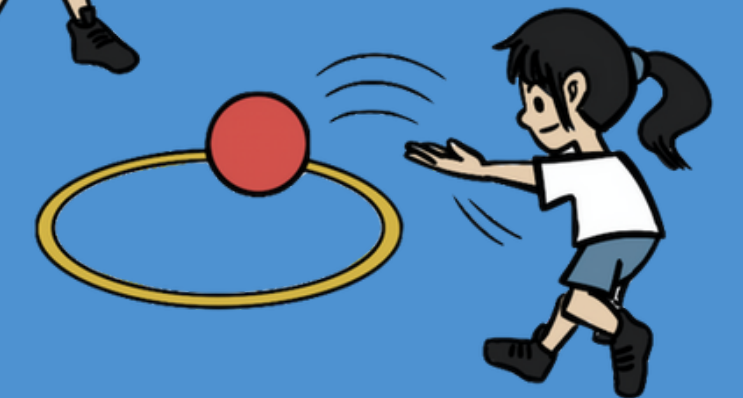
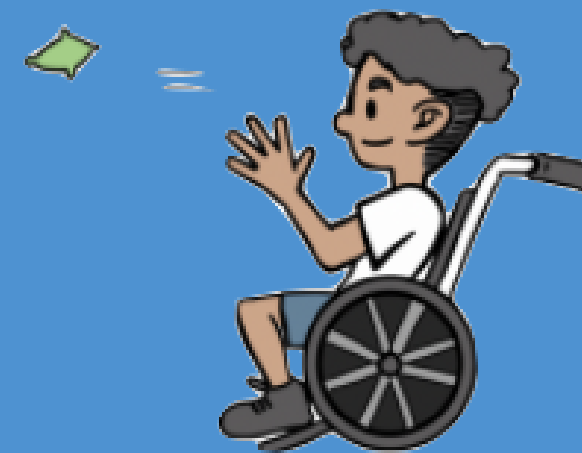
hazard

consistently

sportsmanship

outwit

bunker



Vocabulary Pyramid



Get Set 4
Education

Yoga

Gymnastics

Fundamentals

